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Janice L. Thompson, Ph.D., FACSM University of Bristol, University of New Mexico Janice Thompson is Professor of Public Health Nutrition at the University of Bristol, England. Her work in the United Kingdom focuses on developing nutrition and physical activity interventions to reduce the risk for chronic diseases in high-risk populations.

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In addition to The Science of Nutrition, Janice coauthored the Pearson textbooks Nutrition: An Applied Approach and Nutrition for Life with Melinda Manore. Professor Thompson loves yoga, hiking, traveling, and cooking delicious food. She likes almost every vegetable except fennel and believes chocolate should be listed as a food group.

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