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The Very Best Books I Read This Year Have Better Days With Marcus Aurelius' Daily Routine | Ryan Holiday on Practicing Stoicism

Ryan Holiday has led the popular revival of stoicism since 2014, with his acclaimed bestsellers *The Obstacle is the Way*, *Ego is the Enemy*, and-in

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partnership with Stephen Hanselman-The Daily Stoic. The latter offered powerful quotations, fresh anecdotes, and insightful commentary about the wisdom of Epictetus, Seneca, and Marcus Aurelius. Now Holiday and Hanselman are back with The Daily Stoic Journal, an interactive guide to integrating this ancient philosophy into our 21st century lives. Readers will find weekly explanations and quotations to inspire deeper reflection on Stoic practices, daily prompts, and a helpful introduction explaining the various Stoic tools of self-management. This beautifully designed hardcover journal features space for morning and evening notes, along with advice to encourage ongoing writing and insights, day by day

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through the year. This is the perfect companion volume for people who already love The Daily Stoic, but it can also be used as a stand-alone journal. It will help anyone seeking inner peace and clarity in our crazy world, even those who have never previously encountered Stoicism.

Thierry Meynard examines how the Jesuits in China came to understand the Confucian tradition, and how they offered the first complete translation of the Lunyu in the West, in the Confucius Sinarum Philosophus (Confucius, the Philosopher of China, 1687).

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"Character" has become a front-and-center topic in contemporary discourse, but this term does not have a fixed meaning. Character may be simply defined by what someone does not do, but a more active and thorough definition is necessary, one that addresses certain vital questions. Is character a singular characteristic of an individual, or is it composed of different aspects? Does character--however we define it--exist in degrees, or is it simply something one happens to have? How can character be developed? Can it be learned? Relatedly, can it be taught, and who might be the most effective teacher? What roles are played by family, schools, the media, religion, and the larger culture? This groundbreaking handbook of

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character strengths and virtues is the first progress report from a prestigious group of researchers who have undertaken the systematic classification and measurement of widely valued positive traits. They approach good character in terms of separate strengths-authenticity, persistence, kindness, gratitude, hope, humor, and so on-each of which exists in degrees. Character Strengths and Virtues classifies twenty-four specific strengths under six broad virtues that consistently emerge across history and culture: wisdom, courage, humanity, justice, temperance, and transcendence. Each strength is thoroughly examined in its own chapter, with special attention to its meaning, explanation, measurement,

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causes, correlates, consequences, and development across the life span, as well as to strategies for its deliberate cultivation. This book demands the attention of anyone interested in psychology and what it can teach about the good life.

This Encyclopedia brings together the vast array of historical research into the reality of the man, the teachings, the acts, and the events ascribed to him that have served as the foundational story of one of the world's central religions. This kind of historiography is not biography. The historical study of

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the Jesus stories and the transmission of these stories through time have been of seminal importance to historians of religion. Critical historical examination has provided a way for scholars of Christianity for centuries to analyze the roots of legend and religion in a way that allows scholars an escape from the confines of dogma, belief, and theological interpretation. In recent years, historical Jesus studies have opened up important discussions concerning anti-Semitism and early Christianity and the political and ideological filtering of the Jesus story of early Christianity through the Roman empire and beyond. Entries will cover the classical studies that initiated the new historiography, the theoretical discussions

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about authenticating the historical record, the examination of sources that have led to the western understanding of Jesus' teachings and disseminated myth of the events concerning Jesus' birth and death. Subject areas include: the history of the historical study of the New Testament: major contributors and their works theoretical issues and concepts methodologies and criteria historical genres and rhetorical styles in the story of Jesus historical and rhetorical context of martyrdom and messianism historical teachings of Jesus teachings within historical context of ethics titles of Jesus historical events in the life of Jesus historical figures in the life of Jesus historical use of Biblical figures referenced in the

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Gospels places and regions institutions the history of the New Testament within the culture, politics, and law of the Roman Empire.

One of Augustine's most important works, written between 388 and 395, this dialogue has as its objective not so much to discuss free will for its own sake as to discuss the problem of evil in reference to the existence of God, who is almighty and all-good. +

Looks at the Gospels and examines what Christ requires of his followers in a redemptive-historical

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